

The New Men's Shop

G STREET—TWO DOORS EAST OF ELEVENTH.

LE ROY SHIRTS

Ending the Between-Season Sale.

Le Roy Shirts are the standard of Fifth Avenue, New York. Best in every respect—best at \$1.50, \$2.00 and \$2.50—real bargains at \$1.20 for choice. It's an opportunity that only comes between seasons—just now.

\$1.20

For \$1.50 Shirts

For \$2.00 Shirts

For \$2.50 Shirts



THE PALAIS ROYAL

A. LISNER.

Hours, 9 to 6.

G and 11th Sts.

PRACTICAL HEALTH TALKS

Lillian Whitney, M.D.

Dr. Whitney's popular articles on health and beauty subjects in several leading magazines have been attracting marked attention for a number of years. No other writer on similar topics is better equipped for the work. Dr. Whitney has established an enviable reputation as a specialist and is endowed with the ability to make herself easily understood by her readers. She will answer all letters relating to her department as promptly as possible. All letters should be accompanied by a stamped envelope and should be addressed care of this paper.

SO-CALLED "RHEUMATISM."

Rheumatism is regarded by many as a necessary evil because, like the poor, it is always with us. It is believed to run in families, and to be inherited, and so it is often tolerated with remarkable fortitude and stoicism, like a super-numerary finger or a crooked toe that shows itself in various branches of the family tree; or the usual treatment—chewing red meat and dosing with salicylates—is again and again ineffectually resorted to.

This tendency is observed among all sorts and conditions of people who seek relief from pain. They make the rounds from doctor to doctor and from hospital to hospital with troubles variously labeled according to the location of the pain—as lumbago or muscular rheumatism for a crook in the back; sciatic rheumatism when the leg is involved; articular when it is in the neighborhood of a joint; and recently attention has been called to "cerebral rheumatism."

In fact, almost any pain which recurs with inclement weather, or upon exposure to cold and wet, is designated "rheumatism," and so this affection has come to be associated very largely with weather conditions. The connection being made with what should be obvious to any observer—that the chill and dampness do not affect the entire body, but usually that region which is in most active use, and, therefore, in a state of over-tire—of weakened resisting power. For instance, lumbago or "rheumatism" of the lumbar muscles, occurs in those who use the muscles of the back in heavy lifting and stooping to a greater extent than it does among other workers. Men whose trades demand a fixed position for hours at a time, thus keeping the nervous impulses supplying these muscles constantly at work and keyed up to the highest pitch, also suffer greatly with lumbago. It can readily be seen how such overworked tissues gradually become lowered in tone and susceptible to very slight changes in atmospheric conditions.

Business men in whom it would seem that the demands upon the muscles are pretty evenly distributed, from a very large class of rheumatic subjects, and these are the cases most frequently salicylated and nauseated with hot air, washed out with mineral waters, and unsuccessfully treated in divers ways. And these are also the cases that fall into the hands of various "cure-alls" and cast discredit upon the medical profession.

Answers to Queries.

Embarrassing: Try this lotion for excessive perspiration of the feet: Formaldehyde, 3 ounces; tincture of nuxals, 4 drams; cologne water, 2 ounces; diluted

SUNDAY SCHOOL SOCIETY DINES

Phi Sigma Fraternity of Alexandria Church Holds Annual Banquet.

WAR SUFFERERS AIDED

Ferguson Beach Bryan Passes Annapolis Entrance Requirements. Boy Scouts Formed.

THE HERALD BUREAU. R. E. Knight & Son, 425 King St. Alexandria, Va., March 9.—About seventy members of Phi Sigma Fraternity of the Methodist Episcopal Church South Sunday school tonight attended the first annual banquet of that organization held in the Young People's Building. Among those who responded to toasts were Rev. Dr. J. W. Duffey, pastor of the M. E. Church South; Prof. Calvin T. Ryan and Prof. C. A. Burrows, members of the fraternity. The banquet hall and tables were prettily decorated and the banquet was served by the women of the M. E. Church South.

A jury in the circuit court for this city this afternoon, Judge J. B. T. Thornton presiding, gave a verdict of \$50, with interest from 1911, in the suit of Mrs. Maggie A. Howell against John T. Rafferty. This was the balance alleged to be due on a note for \$500. The plaintiff was represented by Attorney Robinson Moncure, and the defendant by Attorney Douglas Stuart.

Alexandria's first shipment of supplies to the war sufferers in Europe, through the local branch of the Virginia war relief association, had been sent through Mrs. Robert C. Powell to Richmond. This association hopes to be able to send a box of supplies every week. The box forwarded contained children's clothing. A meeting of those identified with the local branch was held today in the rooms of the Chamber of Commerce and satisfactory reports were received from the chairmen of the various committees regarding the work being done.

Ferguson Beach Bryan, son of Capt. and Mrs. Albert Bryan, of this city, has successfully passed the entrance examination to the naval academy at Annapolis. Mr. Bryan was appointed to the Academy by Representative C. C. Carlin.

He attended the public schools of this city and is a graduate of the Western High School, of Washington. Last year he was a student at Roanoke College, Salem, Va.

With a membership of twenty-five, a troop of Boy Scouts has been organized in the Second Presbyterian Church Sunday School. Officers are: Harry W. Rudd, scoutmaster; Frank L. Slaymaker, assistant scoutmaster; Rev. Dr. John Lee Allison, chaplain.

Mayor Thomas A. Fisher has sent a letter of thanks to Louis Brownlow, one of the District Commissioners, thanking the District authorities for sending the fireboat "Firefighter" to Alexandria on February 22.

G. W. U. TONIGHT MEETS PITTSBURGH IN DEBATE

Contest Will Be Held at Public Library. Subject Being Establishment of World Police Force.

Arrangements have been completed for the debate to be held tonight at 8 o'clock in the auditorium of Public Library and the University of Virginia on the subject: "Resolved: That an international police force should be established to enforce international treaties and agreements and to preserve international peace." The affirmative will be upheld by the local team. The Pittsburgh team is composed of John K. Bibby, Fred W. Glauser, and James D. Stark, with S. Glawitz as alternate. The George Washington team is composed of John G. Carter, Harold Keats, and Harry W. Kidder, with Gerald W. Wolkert as alternate.

H. B. F. McFarland will be chairman. Truxton Beale and Henry B. Learned will be judges. Music will be furnished by a Hawaiian string orchestra.

New York Hotel Arrivals.

New York, March 9.—The following Washingtonians have registered at hotels here: Navarre—H. G. Atkinson, W. W. Bonsink. Great Northern—S. S. C. Chilcote, Mrs. H. H. Brooks. Miss W. K. Brooks. Park Avenue—S. W. Curridan, J. Sandoy, J. H. Flashbach. Herald Square—R. G. Henry, F. A. Howard, E. B. Shirk. E. J. O'Hara.

TRADE REPRESENTATIVES. Woodward & Lothrop, dry goods, etc.; E. C. Gatchell, men's furnishings goods; H. E. Huntsberry, men's clothing; J. M. Buzzel, dress goods and linens; Mrs. F. E. Evans, muslin underwear, infants' wear and corsets; 334 Fourth avenue; W. Davies, room 170.

Dr. Claxton Gives Lenten Talk.

Dr. Philander P. Claxton, United States Commissioner of Education, declared himself in favor of a high school education for all people of the land, in the first of a series of Lenten talks before an audience at Raucher's yesterday. The lectures are being given under auspices of the Associated Charities on the general topic, "Community Ideals."

ORCHESTRAL CONCERT.

By the United States Soldiers' Home Band, Orchestra, in State Hall tonight, beginning at 8:45 o'clock. John S. Zimmerman, director.

PROGRAM. March, "The Blackstone".....Palma Overton. "La Dame Blanche".....Rolden. Suite No. 2, "Cloopatra".....Odinier. (a) "An Egyptian Dance." (b) "Anthony's Death." Selection, "Norma".....Bellini. Rag Oddity, "Decorated Rag".....Arndt. Value Intermzzo, "Clarice".....Lord. Characteristic, "A Glimpse of Tag".....Thinkins. Final, "No One Dear But You Old Dad".....Marshall. "The Star Spangled Banner."



SCHOOL GARDENING.

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I have been my lifelong regret that I could not attend the public schools, but, as I have written before, my theatrical education began when I was five. So many young boys and girls tell me of their eagerness to leave school and become "movies," as they express it.

I visited a public school not long ago with two of my little schoolgirl friends, and was keenly interested in the recent developments of school work and the combined advantages of the classical with practical modern knowledge, such as domestic science and manual training.

The advent of gardening is the latest move, now that cooking and sewing have been established in all the schools. And what a beautiful, as well as valuable, study it is, for children and gardens seem to belong together just as do birds and song, roses and fragrance. Children seem to realize this affinity, for when in the past they have been denied their little garden they would often tenderly care for a scrubby geranium planted in an old tin can or a cracked flowerpot.

While extensive plot gardening must necessarily be withheld from children in great cities like New York and Chicago, and they must be contented with their blossoming window boxes, there are few other cities which cannot place at the disposal of the schools the necessary acres of land within easy access.

In the small towns, children are fortunate enough to be able to make their plot gardens in their own back yards, and while some of these are devoted to flowers, most of them raise vegetables for the home, the neighbors or the market. Even flowers have proved profitable, for I know of one little boy who made several dollars a week from his sweet peas and pansies, selling them at a little stand he built at the automobile crossroads.

Plot gardening began in New England and the South almost simultaneously, because of so many neglected farms or plantations which were being either not cultivated or very poorly developed. A great many farms had yielded crops year after year, without proper fertilization and they were practically barren until transformed by scientific gardening methods, which, it was thought, should be taught the children, who, in turn, would own these lands.

Encouraging rewards were offered to the girls raising and canning tomatoes, beans and other vegetables, and to the boys raising the most and best corn on a single acre. The children were taught to receive these rewards profited from the sale of their products, and the results have justified the project.

It brings to the city children a knowledge of the country and of that farm life which they may never otherwise enjoy; it brings to the country children lessons which will be useful in their maturity when they control their fathers' acreages.

Then it has been a source of revenue, and by alternate cropping and intensive cultivation from these 40x60-foot gardens, boys even as young as twelve and thirteen years have earned from fifteen to forty dollars a season.

It keeps the boy happily and profitably occupied during vacations when, were it not for such interests, he might drift unconsciously into vicious surroundings. It is healthful, and when it results in no other tangible benefit it teaches the child a wealth of information on elemental botany, biology and chemistry. It also teaches children the basic principles of commerce.

It is profitable to the community, as the land, were it not for the children's efforts, would be allowed to go to waste and remain unproductive. Little Johnny Baker, a small boy who played in one of our pictures, told me that he had several ways of marketing the products of his garden. The greater part of it he sold to his mother and other mothers of the neighborhood, who were glad to get fresh vegetables at the same price the groceries and markets retailed. During the holidays, all the boys of his town who were interested in plot

TRUTHFUL ADVERTISING IS LAUDED BY SPEAKER

W. R. Hotchkiss Lectures Before Business Men on "Sales Possibilities of the Unknown Want."

Advertising and salesmanship were interestingly discussed last night in the ballroom of the Raleigh Hotel by W. R. Hotchkiss, of New York, under the title of "The Sales Possibilities of the Unknown Want."

There was a large audience present, composed of business men and the public generally. Through precept and example the speaker called attention to the innumerable articles adding to the peace and comfort of mankind that were placed in the public's possession through the influence of well-directed advertising and a proper follow-up of salesmanship.

"The first requisite in advertising," began Mr. Hotchkiss, "is that it must be believed; therefore, it must be truthful, and it then performs its mission best as the disseminator of information to the public regarding the things that it needs. "Twenty years ago the idea that mankind would expend two or three thousand dollars for a vehicle that would supplant the horse and buggy was laughed at. 'Where would the money come from,' it was said. Yet today there are millions now in use, and this great production and consumption has been brought about through the judicious use of advertising. In this, as in other things, the sales possibilities of the unknown want have been realized."

Mr. Hotchkiss was introduced by Joseph Berberich, chairman of the advertising vigilance committee of the Retail Merchants' Association, as one of the apostles of the truth in advertising movement as represented by the Associated Advertising Clubs of the World.

T. F. Plannegier, of New York City, gave a talk on "The National Advertising Campaign of the Pyrene Manufacturing Company." Milton D. Smith, president of the Professional Chauffeurs' Association of the District, paid a tribute to the efficiency of Pyrene in extinguishing fires in automobiles.

CAN'T FIND DANDRUFF.

Every bit of dandruff disappears after one or two applications of Danderrine rubbed well into the scalp with Danderrine at any drug store and save your hair. After a few applications you can't find a particle of dandruff or any falling hair, and the scalp will never itch.—Adv.

SYRUP OF FIGS

FOR CROSS, SICK, FEVERISH CHILD

If Little Stomach Is Sour, Liver Torpid or Bowels Clogged.

Mothers can rest easy after giving "California Syrup of Figs," because in a few hours all the clogged-up waste, sour bile, and fermenting food gently moves out of the bowels, and you have a well, playful child again. Children simply will not take the time from play to empty their bowels, and they become tightly packed, liver gets sluggish, and stomach disordered.

When cross, feverish, restless, see if tongue is coated, then give this delicious "fruit laxative." Children love it, and it cannot cause injury. No difference what ails your little one—if full of cold, or a sore throat, a nervous stomach ache, bad breath, remember, a gentle "inside cleansing" should always be the first treatment given. Full directions for babies, children of all ages and grown-ups are printed on each bottle. Beware of counterfeit fig syrups. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," then look carefully and see that it is made by the "California Fig Syrup Company." We make no smaller size. Hand back with contempt any other fig syrup.—Adv.

Southwick Shops, Inc.

Fourteenth Street and New York Avenue.

ENTIRE stock of high-grade Men's Clothing and Furnishings from our Boston Store will be placed on Sale Today, 9 a. m.

Preparedness

"Safe-Tea First"

For the unexpected Guest
Have your grocer send you
a package of

Ridgways Tea

Awarded Gold Medal—Highest Honor
India-Ceylon Teas San Francisco, 1915

AMUSEMENTS.

NATIONAL—TONIGHT, 8:15. Mat. Tomorrow. CHARLES FROHMAN Presents

ETHEL BARRYMORE

In Her Greatest Comedy Triumph.

OUR MRS. McCHESNEY

NEXT WEEK. SEATS SELLING

A Dream of Sweet Melody: A Love of the World!

ANDREAS DIPPEL WILL PRESENT

"PRINCESS TRA-LA-LA"

The Triumphant New Viennese Opera.

With PHYLIS PARTINGTON

and Notable Dippel Cast.

National Theater, Friday, March 10, 8:15.

Prices, \$2.50, \$2.00, \$1.50, \$1.00, 50c.

On sale at Dreyer's, 12th & G.

FRITZ

KREISLER

Violinist.

BELASCO TONIGHT, 8:30.

50c to \$2.00.

MATINEE TOMORROW, 25c to \$1.50.

MR. LOUIS MANN

In His Greatest Play Hit.

THE BUBBLE

Coming—"The Passing Show of 1915."

B. F. KEITH'S

Twice Every Day.

"THE HIT OF THE SEASON."—STAR.

All This Week and Next Sunday

RUTH ST. DENIS

Ted Shawn & Co. Nine Other Noted Attractions.

Next Week—Sam Bernard, Etc.

POLI'S

TONIGHT, 8:15.

MAT. DAILY EXCEPT MONDAYS, 25c.

The Funniest Comedy Ever Written.

WITH PAUL SATING

"A TEXAS STEER"

WITH A. H. VAN BUREN.

NEXT WEEK....."ON TRIAL."

LOEW'S COLUMBIA

CONTINUOUS, 12:30 A. M. TO 11 P. M.

NOW PLAYING

MARIE DORO

IN DIPLOMACY

Mona. After 10:30. Mat. 15c. 25c.

Sunday, Monday, Tuesday, Wednesday.

FANNIE WARD IN FOR THE DEFENSE.

OPEN 5 TO 9 P. M., DAILY

Next meeting, Thursday, March 9, 1916, 8 p. m., Typographical Temple, 425 G St.

Government Employees, Attention!

Government employees desiring to join Federal Civil Service Employees' Union No. 1547, may do so by giving or sending their names, addresses and offices in which employed, accompanied by one dollar, to the Secretary.

H. M. McLAIR, Temporary President.

J. H. KESEK, Temporary Secretary.

HEADQUARTERS, 311 OUBAY BLDG.

OPEN 5 TO 9 P. M., DAILY

Next meeting, Thursday, March 9, 1916, 8 p. m., Typographical Temple, 425 G St.

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Record Auto Supply and Service Company

631-3-5 Mass. Ave. N. W.

W. F. RALE

M. A. BATTLE

Auto Supplies and Ford Parts. High-grade Ford Mechanics. Record Storage and Garage.

Auto Painting. High-grade Ford Delivery Car for Rent. High-grade Tire Repairing.

National Headquarters for All Makes of Secondhand Cars. Will Buy, Sell, or Exchange.

TALKING MACHINES

You can purchase on easy payments

A VICTROLA OR COLUMBIA GRAFONOLA

Full line of Records and Needles for both machines.

HUGO WORCH

Worch Building, 1110 G St.

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"On Time All Time."

Largest plant in Washington for designing and printing catalogs, booklets, magazines, periodicals, cloth and leather bound books.

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ABSOLUTELY PURE & UNADULTERATED

TRADE MARK

This "Old Chemist" trade mark is known to millions. It is an honest trade mark for an honest product.

Duffy's Pure Malt Whiskey

has stood the test for 56 years. It is for medicinal use. Remember the "Old Chemist"